# The Grapevine



Summer 2014

Newsletter of the Sonoma County Medical Association Alliance Foundation

# New Directors Join Board Energized for the New Year

he Sonoma County
Medical Association
Alliance and Foundation
recently welcomed three new
members to serve on the Board of
Directors for the 2014-2015 year.
We are happy to welcome
Elizabeth Krainer-Huang as
Secretary, Cindy Popovich as Vice
President of Health Promotions,
and Sheela Hodes as Vice
President of Membership.
Continuing to serve for another
term are Shawn Devlin as

President, Sally Ebrahim as Vice President of Events, Joni Schmidt as Vice President of Governance, and Maria Pappas as Vice President of Marketing and Communications. There are currently opportunities to join the Board in the following positions: Treasurer, President-elect, Vice President of Development, and Vice President of Information Technology. Feel free to contact Joni Schmidt at <a href="mailto:governance@scmaa.org">governance@scmaa.org</a> for additional information.



As pretty as the flowers that surrounded them! We are so very thankful for the bunches of volunteer support that helped make Garden Tour 2014 happen. Breanna Soto (Alliance member Victoria Soto's daughter), seated on the right, and friend Jessica LaBlue helped guide tourgoers in the Luks garden.



#### Garden Tour 2014: Delightful Days for tourgoers

By Barbara Ramsey and Meta Lightfoot

The 23rd annual Garden Tour was held in Healdsburg on May 16 & 17th, 2014. The Garden Tour featured five gardens which turned out to be the perfect number for our ticket holders to view all gardens in one day at a leisurely pace. The Garden Tour experience was enhanced by a variety of musicians, artist Winnifred Werner, Master Gardeners, children's book author Sandy Baker, and Cottage Gardens succulent sales. For sponsors at the \$500 level and above, Casa Tortuga - Turtle House in Shiloh estates was offered as a sixth garden to view and enjoy.

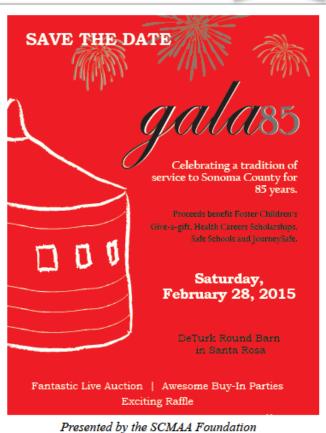
The Garden Tour grossed \$68,091, \$25,000 of which went to the creation of the "Head-2-Toe" Health and Science Lab at the new Sonoma County Children's Museum and another \$25,000 went to the Health Farm Worker Families Fund overseen by the Healthcare Foundation Northern Sonoma County located in Healdsburg. (cont. on page 2)



"If you never struggle, you can't grow," Ed Hawthorne, retired Bank of America executive, described to scholarship awardees at the 10,000 Degrees Donor-Scholar reception held July 12th in Santa Rosa. Joining Health Careers Scholarship committee members, Gina Merwin and Dr. Loie Sauer above are scholarship recipient Cristal Chavez and her father, Prisciliano Chavez. Cristal will be continuing her Nursing studies at Sonoma State University.

10,000 Degrees Scholarship Sonoma
Executive Director, Lisa Carreno, thanked
students for their courage and donors for
their faith in these scholars. We share Ms.
Carreno's thoughts as she reminded
students to live their lives with compassion.
We are very grateful to Ms. Carreno and
her staff for their invaluable assistance in
administering the Health Careers
Scholarship.





Visit scmaa.org for more information

## Garden Tour 2014 (cont from page 1)

The remaining funds will be allocated as seed money for Garden Tour 2015 as well as distributed to SCMAA Foundation programs.

Sponsorship played a major role in the financial success of this Tour as a total of \$35,950 was received from individuals and businesses in Sonoma County.



# Promoting healthy habits

By Cindy Popovich, RN

#### Human Race "Presents"

As one of Sonoma County's most well-attended fundraisers, the Human Race, held on May 10th, was the perfect place to make our presence know by promoting Alliance programs and events. From health-conscious hand sanitizer and nutrition bars to JourneySafe promise cards and Breast Cancer Awareness pamphlets, Human Race participants and their families received valuable information.

#### We're tickled PINK!

Our deepest appreciation to the students at Cardinal Newman High School in Santa Rosa for the donation of funds raised in support of Breast Cancer Awareness. Sports teams caught their audience's attention by playing with pink balls and wearing pink creatively during their October games.

#### 2014-2015 Board of Directors

Shawn Devlin President
president@scmaa.org

Secretary

Elizabeth Krainer-Huang

secretary@scmaa.org

Sally Ebrahim VP Events events@scmaa.org

Cindy Popovich VP Health Promotions

healthpromotions@scmaa.org

Joni Schmidt VP Governance governance@scmaa.org

Maria Pappas VP Marketing & Communications

communications@scmaa.org

Sheela Hodes VP Membership membership@scmaa.org

#### Programs

Foster Children's Give-a-gift Co-chairs: Laura Robertson, Carol Lynn Wood giveagift@scmaa.org

Garden Tour

gardentour@scmaa.org

Health Careers Scholarship Chair Gina Merwin healthscholarship@scmaa.org

Holiday Greeting Card Chair Barbara Ramsey holidaygreetingcard@scmaa.org

Safe Schools Chair Kathleen Cortez safeschools@scmaa.org

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### Alliance Book Club

October 6th 7pm

Location TBD

RSVP alliance@scmaa.org

Orchid House by Lucinda Riley